

Wellness Boost

~ supports overall wellness and immunity system

10 drops Thieves
5 drops Purification

Tummy Tamer

~ for occasional stomach upset

10 drops DiGize
5 drops Peppermint
5 drops Lemon

Tension Relief

~ helps relieve head and neck tension

10 drops Peppermint
10 drops Frankincense
5 drops Lavender

Respiratory Support

~ supports respiratory system & clear breathing

15 drops RC
10 drops Purification
10 drops Stress Away

Seasonal Support

~ for environmental and seasonal threats

8 drops Peppermint
8 drops Lavender
8 drops Frankincense
8 drops Lemon

Motivation

~ promotes confidence, motivation, energy

10 drops Lemon
4 drops Euclyptus Radiata
3 drops Peppermint
1 drop Cinnamon

Ease the Itch

~ soothes irritated skin

15 drops Peppermint
15 drops Lavender

Fatigue Fighter

~ helps support against fatigue

14 drops Eucalyptus
10 drops Rosemary
6 drops Grapefruit

Tranquil Blend

~ promotes feelings of calmness, peace & quiet

5 drops Sandalwood
5 drops Cypress
5 drops Ylang, Ylang
5 drops Bergamot

Glowing Complexion

~ calms, smooths skin, promotes glow & youth

3 drops Helichrysm
3 drops Frankincense
3 drops Sandalwood
1 drop Rosemary

Focus

~ supports focus, stay on task

15 drops Cedarwood
15 drops Lavender
15 drops Vetiver

Liquid Calm

~ promotes overall calmness

40 drops Lavender
25 drops Stress Away
30 drops Valor
10 drops Patchouli
12 drops Vetiver

Sleepy Time

~ supports restful sleep

10 drops Lavender
10 drops Stress Away
*5 drops Cedarwood (optional)

Be Happy

~ promotes positive feelings

10 drops Frankincense
10 drops Peppermint
10 drops Lemon

Immunity Boost

~ supports overall wellness & immunity system

20 drops Thieves
10 drops Purification
5 drops Lemon

Muscle Sooth

~ aids in soothing muscle aches

5 drops Wintergreen
5 drops Valor
5 drops Peppermint
5 drops Panaway

Memory Boost

~ for alertness and mild memory issues

8 drops Lemon
10 drops Lavender
5 drops Rosemary
2 drops Cinnamon

Massage Blend

~ oil blend to aid in massage

10 drops Grapefruit
8 drops Peppermint
4 drops Rosemary
4 drops Thyme

Confidence

~ promotes confidence & courage

10 drops Copaiba
10 drops Valor
10 drops Frankincense

Chill Out

~ calms and reduces irritability

4 drops Lavender
4 drops Clary Sage
2 drops Ylang Ylang
1 drop Marjoram

Anti-Inflammatory

~ apply to affected are to help with pain relief

15 drops Copaiba

Joint Support

~ supports relief for minor aches

10 drops Lemongrass
8 drops Copaiba
3 drops Clove
6 drops Peppermint

Mood Boost

~ promotes uplifting, positive mood

8 drops Stress Away
6 drops Bergamot
5 drops Orange
2 drops Joy

Pimple Be Gone

~ aids in drying occasional and minor acne

10 drops Purification
10 drops Lavender
10 drops Frankincense

Ouchie Blend

~ helps skin recover

5 drops Melaleuca or Tea Tree
5 drops Lavender
5 drops Frankincense

Headache Melt

~ aids in headache tension

15 drops Peppermint
15 drops Euclyptus
15 drops Lavender

Skin Smooth

~ helps smooth bumpy skin tones

15 drops Grapefruit
10 drops Rosemary
5 drops Lemon

Healing Blend

~ supports healing

10 drops Frankincense
10 drops Melaleuca
10 drops Lavender

Relax

~ supports overall calmness & grounding

5 drops Cedarwood
5 drops Vetiver

Nourish

~ nourishes skins & protects against aging

3 drops Frankincense
3 drops Lavender
2 drops Helichrysm
2 drops Myrrh