



Coupons For Your Family Weekly Meal Planner



Week of May 17-25

	Breakfast	Lunch	Dinner	Sides	Sides 2	Snacks
Sunday	Scrambled Eggs, Bacon, Home Fries	none	Sausage, peppers, onions	Bush Beans	Pasta Salad	fruit salad
Monday	Fruit	leftovers or sandwiches, cottage cheese doubles, snack	Rigatoni and Newmans Sauce Italian Sausage	Garden Salad		Cookies
Tuesday	Cereal	leftovers or sandwiches, fruit, snack	Homemade Cooked Sandwiches	Dorito Taco Salad		Brownie Sundaes
Wednesday	Oatmeal	leftovers or sandwiches, cottage cheese doubles, snack	Hot Dogs	Zucchini & Yellow Squash		Little Debbie Brownies
Thursday	Yogurt	leftovers or sandwiches, fruit, snack	Leftovers, Frozen Pizza or Takeout			Fruit Salad
Friday	hard boiled eggs, cereal	leftovers or sandwiches, fruit, snack	Cheeseburgers	French Fries	Canned vegetable	Chips
Saturday	French Toast, Sausage	none	BBQ Pork Chops, Salt Potatoes, Corn on Cob	Salad		Granola Bars