

	Coupons For Your Family Meal Plan	Items I need to buy	Store	Qty	Sale Price	Total before B1G1	B1G1 Savings	My Coupons to use	Less cpns	Out of Pocket Price	Cash Back offers	Cash Back total	Gas Point or OYNO Coupon Value	Net Cost
Sun														
Breakfa	Eggs, Bacon, Homefries	Egglands Best Eggs, dozen	Tops	2	2.5	5				5.00	-\$0.50/1 Egg	1.15		3.85
Lunch	leftovers or sandwiches, fruit, snack	Sara Lee Turkey Breast, 1lb	Tops	1	6.99	6.99		- \$1.00/1 Sara Lee Premium Meat At	1.00	5.99				5.99
		Free 6 Kaiser rolls	Tops	1	2	2	2			0.00				0.00
Dinner	Venison Steak, Corn on Cob, Fruit Salad, French Frie	Corn on the Cob, 12 for \$4	Tops	1	4	4				4.00				4.00
		Seedless Watermelon	Tops	1	4.99	4.99				4.99				4.99
		B2G3- Strawberries, Blackberries, Raspberries	Tops	5	4.99	24.95	14.97	- \$0.50/1 Driscolls Berries;	2.00	7.98				7.98
										0.00				0.00
Mon														
Breakfa	Fruit													0
Lunch	leftovers or sandwiches, fruit, snack													0
		Little Debbie Snacks	Tops	4	1.79	7.16		\$0.95/1 Little Debbie Snacks - 3-29-1	7.16	0.00				0.00
Dinner	Salad, Meatloaf, Mashed Potatoes, Frozen Vegetable	Lettuce	Aldi	1	1.29	1.29				1.29				1.29
		Jennie- O Ground Turkey Roll	Tops	1	3	3		- \$0.55/1 Jennie-O Ground Turkey (Zi	1.10	1.90				1.90
		Ground Beef, \$2.99 lb	Tops	4.5	2.99	13.455		Save \$2 Instantly wyb (3) Old El Paso	2.00	11.46				11.46
		Bread Crumbs	Aldi	1	0.99	0.99				0.99				0.99
		Potatoes, 10-15 lb	Aldi	1	3.99	3.99				3.99				3.99
Tues														
Breakfa	Cold Cereal	Reese's Puffs (get free milk wyb 4)	Tops	4	2.5	10		- \$0.50/1 General Mills Reese's Puffs	4.00	6.00	-\$0.50/1 Gen	0.5		5.50
Lunch	leftovers or sandwiches, fruit, snack	Oscar Mayer bologna 16 oz B1G1	Tops	2	3.49	6.98	3.49			3.49				3.49
		1/2lb Middlefield Swiss, \$7.99lb	Tops	0.5	7.99	3.995				4.00				4.00
Dinner	<a href="#">Chicken Tacos</a>	Tops Sour Cream	Tops	2	1.5	3				3.00				3.00
	Also Steak Tacos with left over steak	Mission Tortillas, B1G1- Buy 4	Tops	4	3.79	15.16	7.58	- \$0.55/1 Mission Soft Taco Tortillas	2.20	5.38				5.38
		Old El Paso Taco Shells	Tops	3	1.25	3.75		\$1.00/3 Old El Paso Products - 4-19-1	1.00	2.75				2.75
Weds														
Breakfa	Oatmeal					0				0.00				0.00
Lunch	leftovers or sandwiches, fruit, snack	Lays Chips B1G1	Tops	2	4.29	8.58	4.29			4.29	-\$0.50/1 Frito	0.5		3.79
Dinner	Salad, Chicken Broccoli Alfredo, Garlic Bread	Ronzoni Linguine noodles	Tops	4	1	4		- \$1.00/2 Ronzoni Smart Taste	2.00	2.00				2.00
		Broccoli Crowns, 3lbs	Tops	3	0.99	2.97				2.97				2.97
Thurs														
Breakfa	Yogurt	Dannon Light & Fit Yogurt, 4 pk - \$1.99	Tops	2	1.99	3.98		\$1.00/4Dannon Light & Fit - 5-3-15 SS	2.00	1.98				1.98
Lunch	leftovers or sandwiches, fruit, snack	Special K Brownie Bites	Tops	2	2	4		- \$0.75/1 Special K Brownies (Zip Cod	3.00	1.00	-\$0.75/1 Spe	0.75		0.25
Dinner	Leftovers, Frozen Pizza or Takeout					0				0.00				0.00
						0				0.00				0.00
Friday														
Breakfa	hard boiled eggs, cereal					0				0.00				0.00
Lunch	leftovers or sandwiches, fruit, snack					0				0.00				0.00
Dinner	Hot Dogs, Macaroni salad	Celery	Aldi	1	1.29	1.29				1.29				1.29
						0				0.00				0.00
Sat														
Breakfa	Pancakes, Sausage	Jennie O Breakfast Sausage	Tops	2	3	6		- \$0.55/2 Jennie-O Breakfast Products	1.10	4.90	-\$0.50/1 Jen	0.5		4.40

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Lunch	leftovers or sandwiches, fruit, snack													0
Dinner	Chicken Cordon Blue, Mashed Potatoes, Frozen Vegg	Barber Chicken Cordon Blue, B2G3	Tops	5	5.99	29.95	17.97	\$1.00/1 Barber Foods Frozen Product	2.00	9.98				9.98
Beverages										0.00			0.00	
	Pop/Soda					0				0.00				0.00
	Milk	Buy 2- (get 1 free cereal purchase)	Tops	2	2.99	5.98	2.99			2.99	\$0.50/1 Milk -	0.5		2.49
						0				0.00	\$0.30/1 Milk,	0.3		(0.30)
	Bottled Water					0				0.00				0.00
						0				0.00				0.00
Stock Pantry										0.00			0.00	
	Cereal	Special K cereal	Tops	8	2	16		\$1.00/1 Kellogg's Cereal or, 8.7 oz or	8.00	8.00				8.00
	Frozen	Lloyds single tubs	Tops	8	1	8		- \$1.00/1 Lloyd's Barbeque Product	8.00	0.00				0.00
	Condiments/Spices	Kikkoman Soy Sauce, 5 oz	Tops	4	1	4		- \$0.55/1 Kikkoman Soy Sauce	4.00	0.00				0.00
	Sauce	Ragu Pasta Sauce, 16 - 24 oz	Tops	1	1.5	1.5				1.50	\$1.00/1 Ragu	0.5		1.00
										1.00	-\$0.35/1 Rag	0.35		0.65
		Kraft Macaroni & Cheese Dinn	Tops	1	1	1				1	-\$0.75/1 Kraf	0.75		0.25
Combo Deal	Stylers	Receive a coupon at checkout for \$10 off wyb \$30 in participating products	(8) Pantene Stylers & (2) Shampoo	Tops	10	3.33	33.3	(4) \$2.00/1 Pantene Styler or Treatme and (2) \$5.00/3 Pantene Products (Mu	18.00	15.30			10	5.30
Combo Deal	Dog Fo	Receive a coupon for \$5 off wyb any \$20 in participating products OR \$10 off wyb any \$30 in participating products	Purina Beneful Dog Food, 1	Tops	3	12.99	38.97	- \$5.00/1 Purina Beneful Dry Dog Foo	15.00	23.97			10	13.97
Raincheck Items														
		none until Gas points resume												
Total		The total column is based on sale prices so your total savings will be over 70-75% after cashback/OYNO coupons		97		290.22	53.29		83.56	154.37		5.8	20	128.57